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Verse 1:

Why is breathing oh so heavy

Always fogging up my mind

Wish that I could just escape this fucking nightmare

Show me how to open up this time

Verse 2:

Hey it's okay that breathing's heavy

Just breath deep Inhale the fog

Just remember life gets so much fucking better

If you just remember you this time

Chorus:

Welcome to being a human being

We all need space to learn and grow

Constantly feeling like unworthy beings

You know which way you wanna go

Just roll the windows down you'll know

Verse 3:

All my ghosts they are so vexing

Teach me how to clear my mind

Can you fill me in on how to stop feeling so lonely

I'm just trying to leave it all behind

Verse 4:

The ghosts around are mostly friendly

Ain't it kinda proof you're not alone

Fill you in on a secret everyone's got baggage tips But you don't have to leave it all behind

Chorus: Above

Bridge:

This is when I ask God why

I should even attempt a try

I'm getting to tired to keep up the fight

But I keep my faith through the pain

Everything's not so black and white

I'm allowed to go left and right

Have some faith it's not just your fight

Chorus final:

Welcome to be A human being

Just try you best to learn and grow

Constantly feeling like unworthy beings

You don't always have to have control

You're just a human let it go